

## **Safeguarding and Welfare Requirement: Health**

Where children are provided with meals, snacks and drinks, they must be healthy, balanced and nutritious.

### **6.10 Dental Hygiene Policy**

#### **Policy statement**

Early Learning Daycare are very aware of the need to teach young children in our care to follow good oral hygiene practices and to help them develop good eating habits such as avoiding food and drinks with high sugar content.

Early Learning Daycare seeks to work with parents and carers to ensure the training of their children to clean their teeth after meals. Early Learning Daycare is a member of Bury Councils Brush Bus Scheme. All children over 2 are provided with a suitable toothbrush, toothpaste and a storage unit. These are stored within the children's respective rooms in nursery and staff help the children clean their teeth daily.

Early Learning Daycare also ensures that the children in our care are not given food containing high levels of sugar such as fizzy drinks.

We will work with parents to encourage older children to drink from a beaker or a trainer cup.

Early Learning Daycare has special dental hygiene days throughout the year when we promote good dental hygiene and invite the local children's dentist to visit us and do some special activities..

Further information and support can be found on the website [www.stop-the-rot.co.uk](http://www.stop-the-rot.co.uk)

Parents/Carers are encourage to discuss this policy and/or their child's dental hygiene requirements with us.

This policy was adopted by	_____	(name of provider)
On	_____	(date)
Date to be reviewed	_____	(date)
Signed on behalf of the provider	_____	
Name of signatory	_____	
Role of signatory (e.g. chair, director or owner)	_____	